What's Next?

Social Care

Bachelor of Arts in Social Care Social Care workers plan and provide professional care to clients with personal and social needs. You have opportunity to work with a variety of clients one to one or in groups. Social Care workers strive to support, protect, guide and advocate on behalf of clients. Social Care work is based on interpersonal relationships.



Core Skills

Transferable Skills Communication & Interpersonal Kind, Caring & Empathetic Team worker Non-Judgmental attitude Advocacy Active Listening



Degree-specific Skills

Behaviour Management

Adherence to policies and procedure, child protection guidelines, health & safety, etc.

Self-Awareness, critical reflection. Being able to evaluate one's own performance and work toward improving it

Debriefing/Destress- the ability to unwind and leave work at work

Professional relationship building with clients, rolemodelling, maintaining the capacity to set clear boundaries

Report writing

Career Options



Social Care is diverse and provides you with lots of flexibility and a wide range of different options.

Watch out for talks by relevant employers on campus during the year; check our website's Jobs page and follow us on social media for regular job alerts:

http://www.mycit.ie/careers

Also www.activelink.ie is a great source for all non-profit sector jobs in Ireland, sign up for the weekly newsletter.





Some examples of types of employment within this sector: Residential Care Centres, Community Projects, Partnerships, Family Casework, Adoption/Fostering Agencies, Probation & Welfare Agencies, Hostels for Adolescents, Traveller Projects, Special Schools, Centres for the Elderly, Centres for Asylum Seekers, Youth Centres

Some examples of employers within this

sector: Barnardo's, HSE, Focus Ireland, ISPCC, Youth Advocate Programme Ireland (YAP), Tusla, Rehab Group, Brothers of Charity, Daughters of Charity, Peter McVerry Trust, Cope Foundation, Simon Community, Enable Ireland, Foroige, Respond, Threshold, DePaul, ALONE, Irish Wheelchair Association, Merchants Quay Ireland, L'Arche Community Cork, Camphill Community, Cuan Mhuire, Family Carers Ireland, Youth Health Service, Novas Initiative, Irish Prison Service, Probation Service, Childline, Samaritans

Private Children's Residential & Elderly Healthcare Agencies such as:

Positive Care Ireland, Extern, SOS, CPL Healthcare, Bluebird Care, TTM Healthcare, Homecare Plus, Cheshire Ireland, Daffodil Care Services, Nua Healthcare, Nua Homecare

In most Counties in Ireland there are also the following range of projects/services:

Youth Services (they run various projects such as Diversion programmes, Special youth projects, After school clubs), Youthreach Centres (run by ETB), Youth Training Centres (run by SOLAS), Community Resource Centres, School Completion Programmes, Traveller Action groups, Employability Services, Women & Children's Refuges, Local Area Partnerships



Where are CIT graduates working?

Company

Job Role

Brothers of Charity Nua Healthcare Positive Care Ireland **Cope Foundation** Cork Foyer The Galtee Clinic Solis MMC Children's Services Social Care Shift Coordinator

Care Assistant Deputy Team Leader Social Care Worker Healthcare Assistant Project Worker Principle Activity Therapist



Starting Job Search?

Job search takes focus, effort and commitment. It's essential that you create a strong online presence. You need to have a LinkedIn profile and work at building your network. LinkedIn is about where you want to go, not just about what you are doing now. An ideal starting point is to look for Alumni (former graduates of your college/course). You should also look for people in organisations you want to target. Aim to find the name of the HR Manager and employees in roles you are aiming for yourself, what jobs have they had so far? Don't wait for jobs to be advertised, actively look for roles that interest you.

Professional Groups & Associations



Membership of a professional association is a useful way to meet new people in your field. Professional bodies may have jobs boards on their websites.

Irish Association of Alcohol and Addiction Counsellors are the accrediting body for Addiction Counsellors in Ireland find them on this directory: www.counsellingdirectory.ie

See accreditation info: http://www.counsellingdirectory.ie/pdfs/ IAAAC_accreditation.pdf Health and Social Care Professional Council Ireland: www.coru.ie. UK Health and Care Professionals Council: http://www.hpc-uk.org/ Irish Association Social Care Workers: www. iascw.ie

Postgraduate Study

There are opportunities to specialise in certain areas within and beyond social care. This may lead you on to further studies.

Graduates may pursue Masters programmes in: Youth & Community Studies, Addiction Studies, Child Protection, Therapeutic Childcare, Social Work, Child, Family & Community Studies, Counselling & Psychotherapy, Guidance Counselling, Play Therapy, Occupational Therapy.

Addiction Counselling – PCI is accredited. See their Diploma & BSc in Addiction Counselling

http://www.pcicollege.ie/counselling-courses/degree-addiction-counselling

Minimum requirement is Diploma in Addiction Studies, plus 2 years full time work experience i.e. up to 500 hours before accreditation. See www. hse.ie.

Social Work - Admission to **Master of Social Work** in UCC is open to a limited number. For students holding a Level 8 in Social Care they must first complete the HDip in Social Policy in order to be eligible. http://www.ucc.ie/en/cke64/

For further information, go to the 'Further Study Options' section on the Career Information page of http://www.mycit.ie/careers. You can also use **www.qualifax.ie** or **www.gradireland.com/further-study** to search for courses in areas of interest to you. For information on Masters' programmes through English in universities across the EU: **www.mastersportal.eu**

Want to go abroad?

In the UK see: www.targetjobs.co.uk www.gradjobs.co.uk & www. graduate-jobs.com

Jobs across the EU can be seen on the EURES website & financial supports are available for relocating: https://ec.europa.eu/ eures/eures-searchengine/page/ main?lang=en#/search

If you wish to work in the USA, Canada or Australia, check out work visa requirements first. There are graduate work visas available to the USA, a great opportunity to gain global experience in your field.





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CAREERS SERVICE